

Elementary

SCHOOL BREAKFAST & LUNCH MENU



May 2023

HARVEST OF THE MONTH

Asparagus

First serving at no cost!


This institution is an equal opportunity provider. Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B: Cereal & Grahams L: Soft Pretzel & Cheese Cup	2 B: Pancake on a Stick L: Chicken Burrito	3 B: Cereal Bar & Yogurt  L: Chicken Drumstick & Waffle	4 B: Bagel Bar L: Orange Chicken Bowl	5 B: Cereal & Grahams L: Cook's Choice
8 B: Cereal & Grahams L: Corn Dog	9 B: Mini Waffles L: Nacho Bites	10 B: Blueberry Muffin L: Pancakes & Turkey Sausage	11 B: Breakfast Burrito L: Mozzarella Cheese Sticks	12 B: Cereal & Grahams L: French Bread Pizza
15 B: Cereal & Grahams L: Cheeseburger Sliders	16 B: Benefit Bar L: Beef Soft Taco with Local Flour Tortilla 	17 B: Breakfast Pizza L: Chicken Nuggets & Roll	18 B: Buttermilk Bar L: Butter Chicken & Brown Rice	19 B: Cereal & Grahams L: Mini Calzones
22 B: Cereal & Grahams L: Chicken Bites & Roll	23 B: Cherry Apple Crunch Bar L: Chicken Empanada	24 B: Mini Cinni L: French Toast Sticks & Turkey Sausage	25 B: Breakfast Burrito L: Hamburger	26 B: Cereal & Grahams L: Cheese Pizza
29 NO SCHOOL	30 B: Cereal & Grahams L: Beef Taco Salad & Chips	31 B: Apple Frudel L: Chicken Patty on a Bun	For allergen & nutrition information, please visit: https://www.rentonschools.us/departments/nutrition-services-warehouse/menus	

REMINDER: Please complete the **Family Income Survey!** It is available at <https://www.rentonschools.us/departments/nutrition-services-warehouse/meal-applications>. Parents and guardians of students in CEP schools do not have to fill out the usual free and reduced lunch application, but are asked to complete an income survey in order to ensure their child's school qualifies for federal and state funding that is determined by parent income levels.



SECOND CHOICES AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Hard Boiled Egg, Crackers, & Cheese Cubes	Yogurt, Granola & String Cheese	Blueberry Muffin, String Cheese & Sunflower Seeds	Bagel & Cream Cheese, String Cheese & Sunflower Seeds	Cook's Choice Pal Pak

- * Renton School District offers breakfast daily!
- * Remember to take at least a 1/2 cup of fruit at breakfast and at least a 1/2 cup of fruit or vegetable at lunch.
- * All breakfasts come with fruit and milk options daily.
- * All lunches come with the Fruit & Vegetable Garden Bar and milk options

MENU KEY

 WA Local Food

