



DIABETES EMERGENCY CARE PLAN

CALL SCHOOL NURSE OR SCHOOL OFFICE IF SYMPTOMS APPEAR
Never leave or send student with suspected low blood sugar alone!

Student Name: _____ DOB: _____

Parent/Guardian: _____ Phones H: _____ W: _____ C: _____

Physician: _____ Phone: _____ Allergies: _____

Preferred Hospital: _____ Current Medication: _____

SYMPTOMS AND TREATMENT OF LOW BLOOD SUGAR

MILD

Hunger
 Shakiness
 Weakness
 Paleness
 Anxiety
 Inability to concentrate
 Personality change
 Other: _____

Circle student's usual symptoms

MODERATE

Headache
 Behavior change
 Poor coordination
 Confusion
 Blurry vision
 Weakness
 Slurred speech
 Other: _____

Circle student's usual symptoms

SEVERE

Loss of consciousness
 Seizure

MILD

Treats self,
 or
 2-3 glucose tablets
 or
 4-8 oz. juice
 or
 4-8 oz. regular soda
 or
 Glucose gel product
 or
 3-8 Lifesavers

- ✓ Wait ten to fifteen minutes,
- ✓ Repeat food if symptoms persist or blood sugar less than _____.

- ✓ Follow with a snack of carbohydrate and protein, e.g. crackers and cheese.
- ✓ Communicate with parents if in IHP.

MODERATE

Someone assists

Insist on child drinking quick sugar source per MILD guidelines

- ✓ Wait ten to fifteen minutes,
- ✓ Repeat food if symptoms persist or blood sugar less than _____.

- ✓ Follow with a snack of carbohydrate and protein, e.g. crackers and cheese.
- ✓ Communicate with parents if in IHP.

SEVERE

Don't attempt to give anything by mouth

Call 911

Position on side, if possible

Contact parents

Administer glucagon if it is in the student's IHP

The following staff members are trained to deal with an emergency and initiate the appropriate procedures:

1: _____ 2: _____ 3: _____

 School Nurse's signature

 Date

 Parent/Guardian signature

 Date

 Primary Health Care Provider signature

 Date

Family and Emergency Contacts

Name	Relationship	Phone (include area code)	Work/Cell/Pager
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Other medical conditions:
